

## Update on the COVID-19 epidemic for ChiroSuisse members

March 16, 2020

Dear members of ChiroSuisse, dear colleagues

Following today's press conference by the Swiss Federal Council the "Covid-19 taskforce" of ChiroSuisse held another extraordinary meeting.

### Current situation:

- The Federal Council has declared the situation in Switzerland to be "extraordinary" and this evening decided to suspend public life. The population is called upon to stay at home. All commercial business and leisure activities will be suspended.
- However, it is not a complete shutdown: Necessary services such as grocery stores, pharmacies, drugstores, post office, banks etc. will remain open. Medical practices, including the practices of chiropractors, are required to keep primary care upright, but to reduce consultations to urgent cases that cannot be postponed.

### Based on currently available information the "Covid-19 taskforce" of ChiroSuisse makes the following recommendations:

- Chiropractic clinics may remain open for urgent cases until further notice.
- The role of Chiropractors in primary care for acute musculoskeletal conditions may become increasingly relevant as the Covid-19-related pressure on other primary health care facilities increases.
- Do refrain from seeing non urgent patients. (There is no generally valid definition of what "urgent" means. It remains the responsibility of each practitioner to make decisions based on his/her clinical judgement. You are advised to use the definition restrictively.)
- In any case strict adherence to the recommended hygiene measures (as communicated in yesterday's update) is crucial.
- Limit the number of patients in your waiting area to a minimum.
- Companions (including kids) should not come to your clinic.
- Inform your patients about these restrictions according to the ChiroSuisse information leaflet provided to you today (see attachment).
- Masks: BAG/OFSP still recommends not to wear masks (exceptions according to BAG/OFSP recommendations as communicated yesterday).
- Reduce the interactions and physical contacts with your patients to a minimum and choose your techniques accordingly.
- Please understand that these recommendations are based on information available today and had to be worked out under time pressure. All recommendations will be verified with the responsible authorities in due time and adapted if required.
- ChiroSuisse will continue to publish all relevant information for members on its website under the link [www.chirosuisse.ch/de/corona](http://www.chirosuisse.ch/de/corona). Please visit this page regularly.

More information on the financial consequences of this crisis and other FAQ will follow.

Together we will manage!

Best wishes!  
Thomas

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